# **China & Tibet Tour Proposal**

### **Basic features of your package:**

**Tour Type:** individual tour with flexible travel date

**Tour Route:** Beijing, Xian, Lhasa, Shanghai

Vehicle: private air-conditioned vehicle and licensed driver

Guide service: private English-speaking guide

Adult per booking: 15 adults and above

### Day 1 Arrival / Beijing

#### Transfer via: Flight, economy class, arranged on your own

Upon your arrival at the Beijing airport, your local guide will meet you and escort you to your hotel. The rest of the day is yours to relax and recover from jetlag.

**Accommodation:** Beijing Dong Fang Hotel (3 star), Standard Room

Tel: (86)10-63014466

Address: No. 11 Wanming Road, Xuanwu District, Beijing, China

#### Day 2 Beijing (B,L,D)

On this day you will first visit **Tiananmen Square** followed by the magnificent **Forbidden City**. In the afternoon you will explore Longing Pearl Store, Beijing's **Hutongs by pedicab** and walk along the **Houhai (back sea) bar street**.

**Accommodation:** Beijing Dong Fang Hotel (3 star), Standard Room

- --<u>Tian'anmen Square</u>: It is the largest city square in the world and the spiritual heart of China, where the national flag is raised exactly at sunrise every day.
- --<u>The Forbidden City</u>: It is located in the center of Beijing, used to be the imperial palace of the Ming and Qing dynasties with a history of around 600 years, it is the grandest integral palace complex still remaining in China.

Note: It is closed on Monday.

- --Longing Pearl Store: Pearl is the first one of four treasures in China. It is a symbol of wealth in Chinese culture. China is famous for fresh water pearl. China is also the largest producer of akoya pearls now. In the pearl store, you can see some unique colors of fresh water pearl and sea pearl only cultivated in China. You will find here both common and special commodities, creative design, pure colors and various patterns and sizes. The craftsmen will also make jewelry according to your design and taste. The quality of every pearl here is guaranteed.
- --Rickshaw Hutong Tour: the old narrow paths with lots of courtyard homes where common people are living, they are like villages within megalopolis, through the hutongs' teeming maze of alleyways, and you will see the old houses and learn

about the daily life of ordinary Beijing citizens.

--<u>Houhai Pub Street</u>: It is located in center of the Beijing city. It named "sea", while in fact, it is a big artificial lake. During the ancient times, HOUHAI can only be enjoyed by the royalty. And now it has become a very most important place for people to lie fallow. The most famous part of HOUHAI is its taproom. In weekends, you can spend a whole-day long with your friends here for relax. HOUHAI's bars maybe the best taproom in Beijing, and even the best in china. It is a beautiful place deserved a visit.

# Day 3 Beijing (B,L,D)

Today you will have a full day tour to the amazing **Great Wall (Mutianyu section)**, **Mutianyu Cable car** is included; and then visit the **Sacred Road**.

Accommodation: Beijing Dong Fang Hotel (3 star), Standard Room

- --<u>Great Wall (Mutianyu section)</u>: The most famous symbol of China and one of the world's most remarkable architectural wonders, it was built over 2,000 years ago and stretching about 6,700km.
- --<u>Mutianyu Cable Car (round way)</u>: Round-way cable car of Mutianyu Great Wall included. Chair-lift and Toboggan are also available. If you want to change to any of them, please inform the local guide before he or she purchases the tickets for round-trip cable car for you. Please pay the extra charge in cash to the local guide.
- --<u>Sacred Road</u>: the path lined with stone statues of animals, mystical beasts and officials who serve the emperor in his afterlife, through which the sitting emperors would go to perform memorial rituals for the ancestors once a year.

#### Day 4 Beijing / Xian (B,L,D)

#### Transfer via: High speed G train arranged by us, second class seat

This day you will visit the **Temple of Heaven**. Later you will be transferred to the train station for your speedy train to your next destination. Upon arriving in Xian, your local guide will meet you at the train stationd and escort you to your hotel.

**Accommodation:** Skytel Xian (3 star), Deluxe Room

Tel: (86)29-87632222

Address: No.32 South Main Street, Beilin District, Xian, China

--<u>Temple of Heaven</u>: It is the place which was visited yearly by the emperors who performed intricate rituals to insure a good harvest for the whole nation at ancient times.

#### Day 5 Xian (B,L,D)

You will visit the incredible life-size **Terracotta Warriors** and Jade Gallery in the morning. After lunch, you will visit the **Ancient City Wall**.

Accommodation: Skytel Xian (3 star), Deluxe Room

- --Terracotta Warriors and Horses: Discovered in 1974 by local farmers digging a well, one of the most significant archeological finds of the 20th century. These 6,000 life-size painted terracotta warriors and horses --individually sculpted from real-life models and arranged in battle formation have been protecting the mausoleum of the first emperor in Chinese history—Emperor QinShihuang since 2,200 years ago.
- --Jade Gallery: Jade, the most symbolic culture of China, its history is as long as Chinese civilization. In the jade gallery, you will get a general idea of jade's classification, color, quality, symbolic meaning etc. Each jade item here is well designed, skillfully carved, and carefully polished. From the largest item to the smallest one, every piece will attract your eyes and your camera.
- --<u>The Ancient City Walls</u>: It is built during the 14th century on Tang Dynasty foundations, date to the Ming Dynasty. The walls are the largest and best-preserved ancient fortress in the world. There is a gate in each of the four sides, the gate towers built over each gate look lofty and magnificent and form a tight defense engineering system. After the extension, the wall now stands 12 meters (40 feet) tall, 12-14 meters (40-46 feet) wide at the top and 15-18 meters (50-60 feet) thick at the bottom. It covers 13.7KM (8.5 miles) in length with a deep moat surrounding it.

#### Day 6 Xian/ Lhasa (B,L,D)

### Transfer via: Flight, economy class, arranged by us

Today your guide and driver escort you to the airport your flight to your next destination. Upon your arrival at Lhasa, be met and transferred to your hotel. Enjoy the rest of time to get adapted to the high altitude.

Accommodation: Tibet Gorkha Hotel (3 star), Standard Room

Tel: (86)891-6347000

Address: Lingkor South alley 47, jianshulu Lhasa, Tibet.

--<u>Tibet Permits</u>: Tibet Permits, we apply it for you after you got your Chinese entry visa. Please don't mention you will visit Tibet when you apply the visa, otherwise you might encounter some problems on applying for visa.

#### Day 7 Lhasa (B,L,D)

Your sightseeing today will include the Lhasa's cardinal landmark -- Potala Palace, Jokhang Temple and flourishing Barkhor Street.

Accommodation: Tibet Gorkha Hotel (3 star), Standard Room

--<u>The Potala Palace</u>: The symbol of Lhasa, perched upon Marpo Ri Hill, 130 meters above the Lhasa Valley, it is the greatest monumental structure in Tibet and one of the most famous architectural works of the world. The construction of it was started

in 641 AD and was rebuilt by the Fifth Dalai Lama in three years, while the Thirteenth Dalai Lama extended and repaired it into what it is now. As the religious and political centre of old Tibet and the winter residence of Dalai Lamas, the palace witnessed the life of the Dalai Lamas and the important political and religious activities in the past centuries. Potala Palace also houses great amounts of rare cultural relics including the gold hand-written Buddhist scriptures, valuable gifts from the Chinese emperors and a lot of priceless antiques.

Note: According to the local custom, you have to tour clockwise around; don't step on the doorsill; don't smoke in the halls; don't take photos without permission! It is not easy for visitors to climb to the top building because of its height, so you'd better slow down. Because the halls are always chilly; you'd better take a coat while visiting!

- --<u>The Jokhang Temple</u>: Located in the center of the old section of Lhasa, built in 647 AD by Songtsen Gampo and his two foreign wives, and later extended by successive rulers, it has now become a gigantic architectural complex and it is the spiritual center of Tibet.
- --The Barkhor Street: A circular street around the Jokhang Temple in the center of the old section of Lhasa, it is the oldest street in a very traditional style in Tibet, where you can enjoy bargaining with the local Tibetan vendors for the handicrafts which are rare to be seen elsewhere in the world. Barkhor Street is one of the most important religious paths along which pilgrims walk around Jokhang Temple while turning prayer wheels in their hands through centuries. Buddhist pilgrims walk or progress by body-lengths along the street clockwise every day into deep night.

# Day 8 Lhasa (B,L,D)

The whole day tour will first bring you to the **Norbulingka Park, Drepung Monastery, and then the Sera Monastery.** 

**Accommodation:** Tibet Gorkha Hotel (3 star), Standard Room

- --Norbulingka Park: Norbulingka means "Jeweled Garden", built in 1751 AD as a summer palace for the Dalai Lama where they handled political affairs and practiced religious activities. Now a large-scale palace complex and garden in Tibetan style covering an area of 40 hectares, the whole park has 370 rooms of different sizes and lawns shaded by green trees and enclosed by various flowers. Before 1959, commoners had no access to this park. Nowadays, on festivals and holidays, the local people in their colorful costumes come here with food and tents to sing and dance overnight.
- --<u>Sera Monastery</u>: Sera means "Wild Rose Garden" in Tibetan because lush wild rose woods once grew around it, the monastery is one of the three largest monasteries in Tibet. Located at the northern outskirts of Lhasa, it was built in 1419 AD by Jamchen Choje (or Sakyayeshe), one of the eight disciples of Tsong Khapa who was the founder of Gelugpa Sect. Sera Monastery houses three colleges built in 15th and 16th century respectively as well, and it is famous for the "Buddhism"

Scriptures Debating".

--<u>Drepung Monastery</u>: The largest monastery of Gelug Sect in Tibet, standing on the slope of the majestic Mount Gambo Utse, it was built in 1416 AD and the place where each reincarnation of the Dalai Lama received his training. In its heyday, it had more than 10,000 monks, now it is home to about 700 monks.

### Day 9 Lhasa / Shanghai (B)

### Transfer via: connecting Flight, economy class, arranged by us

Free in the day until our local guide escorts you to the airport for your onward flight to your next destination. Upon arriving in Chengdu, your personal guide will meet you and escort you to your hotel.

**Accommodation:** Greenland Jiulong Hotel (3 star), Deluxe Room

Tel: (86)21-65418228

Address: No.601 Liyang Road, Hongkou District, Shanghai 200080 China

### Day 10 Shanghai (B,L,D)

Today you will visit the **Shanghai Museum (including the translator),** often ranked as China's best museum, it is the biggest museum in China with a fine collection of over 120,000 pieces of Chinese artifacts. Later you will take a stroll through **Yu Garden**, and after get a taste of Shanghai's local life in the **Yuyuan Market** and then **Jiangnan Silk Workshop**. You will later visit the **Old French Concession Streets** to see the old French style villas located there.

**Accommodation:** Greenland Jiulong Hotel (3 star), Deluxe Room

- <u>--Shanghai Museum:</u> often ranked as China's best museum, it is the biggest museum in China with a fine collection of over 120,000 pieces of Chinese artifacts.
- --Yu Garden: Located in the Old Town of Shanghai and laid out in 1559 AD by a powerful Ming official, Yu Garden recreates a beautiful landscape of pagodas, pavilions, rockeries, fountains, ancient trees and precious flowers.
- --Yuyuan Market: Outside the Yu Garden, a bustling market with different snacks and trinkets.
- --<u>Former French Section</u>: It was also French Concession in old days. It is famous for its French style villas.
- --Silk Workshop (factory): Chinese silk has surprised the world through the ancient Silk Road. How small cocoons transformed into elegant silk and embroideries has for long time been described as a magical process. When visit the workshop/factory, you will see a variety of skills used for producing the dazzling silk items. It is also a good place to find worthwhile souvenirs for your families and friends.
- --Shanghai Acrobatic Show in Portman or Wanping theatre (according to the performance schedule): Chinese Acrobatics is one of the oldest performing arts with its history tracing back to Neolithic times, during its development in the history, it has been absorbing plentiful merits from the opera, dance and Chinese Kungfu, and

formed its own artistic features. In Acrobatic Show, in a very typical Shanghainese setting and atmosphere, you will enjoy many breathtaking and stunning programs such as Calvaria Skills, Silk Suspending, Hoop Diving and so on performed by very skillful performers, you will truly have an unforgettable experience of your life.

### Day 11 Shanghai / Exit (B)

# Transfer via: Flight, economy class, arranged on your own

After breakfast, you will walk down **the Bund** along the Huangpu River and visit **Nanjing Road**. After, you will be escorted to the airport for your flight to your next destination.

- --<u>The Bund</u>: Where the great trading houses and banks had their headquarters in 1920s and 1930s, about a mile long, it is the city's fulcrum.
- --Nanjing Road: Known as "China's No.1 Shopping Street" with a huge of merchandise on sale, it is the main shopping street of Shanghai, running in a west-east direction.

#### **Service ends**